

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MEAT MAIN DISH	All day breakfast	Meat and potato pie with mashed potato	Roast beef with Yorkshire puddings, roast potatoes and gravy	Chicken tikka masala with brown rice	Fish of the day with chips
VEGETARIAN MAIN DISH	Tomato and mascarpone pasta	Vegetarian bolognese with wholemeal pasta	Vegetarian toad in the hole with roast potatoes and gravy	Sweet potato and vegetable hot pot	Quorn™ nuggets with chips
ACCOMPANIMENTS	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar
DESSERTS	Bananas and custard	Courgette and apple muffin	Ginger biscuit	Fruit in jelly	Chocolate and orange brownie
FRESH FRUIT & YOGHURT	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt
JACKET POTATO & SANDWICH SELECTION	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection



MENU



Quench your thirst with free fresh drinking water available daily



- 1 OF YOUR 5 A DAY



- HEALTHY OPTION