

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MEAT MAIN DISH	Sausage in onion gravy and mash potato	Pizza of the day with wedges	Roast chicken and stuffing with mash potatoes and gravy	Chicken and tomato pasta bake	Fish of the day or salmon fishcakes with chips
VEGETARIAN MAIN DISH	Vegetarian shepherd's pie	Vegetable curry with 50/50 rice	Quorn™ fillet with mash potato and gravy	Macaroni cheese	Loaded potato skins with chips
ACCOMPANIMENTS	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar
DESSERTS	Fruit crumble and custard	Shortbread biscuits and mandarins	Chocolate crunch	Banana and oat muffins	Fruit in jelly
FRESH FRUIT & YOGHURT	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt
JACKET POTATO & SANDWICH SELECTION	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection



MENU



Fuel your afternoon with a healthy school lunch from Mellors



- 1 OF YOUR 5 A DAY



- HEALTHY OPTION