



## Mellors Catering Services

Mellors Catering Services is very proud to be the appointed contract caterer at St Georges School Blackpool. We are an award-winning, established, family-run business that has been catering successfully for Primary, Secondary School and Further Education sectors across the North of England since 1995. We are the Contract Caterer of the Year 2017/18, and most recently won the EDUCatering Excellence Award for Innovation 2019.

We strongly believe that healthy eating and good hydration will improve pupil performance and concentration and we pride ourselves on using locally sourced seasonal produce to provide the best quality food for your child.

## Balanced approach

Weekly menus provided by Mellors Catering Services have been planned to offer choice and variety for your child that doesn't cost the earth. We provide hot specials of the day, fresh vegetables or salad, a vegetarian choice, hot and cold desserts, snacks and sandwiches, juices and drinks.

## Weekly Menus:

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MEAT MAIN DISH</b>	Meatballs in a tomato sauce with spaghetti	Panirita pork with rice	Roast gammon with pineapple and roast potatoes	Chicken and tomato pasta bake	Fish of the day with chips
<b>VEGETARIAN MAIN DISH</b>	Vegetarian shepherd's pie	Vegetable curry with rice	Vegetable omelette and roast potatoes	Piri piri Quorn® and bean pizza with a jacket potato	Lentil and bean potpies with chips
<b>ACCOMPANIMENTS</b>	Seasonal vegetable salad bar	Seasonal vegetable salad bar	Seasonal vegetable salad bar	Seasonal vegetable salad bar	Seasonal vegetable salad bar
<b>DESSERTS</b>	Fresh and raspberry cobbler and custard	Chocolate crunch	Rice pudding with fruit compote	Oat and apricot crumble	Fruit and ice cream
<b>FRESH FRUIT &amp; YOGHURT</b>	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt
<b>JACKET POTATO &amp; SANDWICH SELECTION</b>	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection

**Mellors MENU** Fuel your afternoon with a healthy school lunch from Mellors! 5 - 1 OF YOUR 5 A DAY - HEALTHY OPTION

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MEAT MAIN DISH</b>	Chicken-meatballs with rice	Salsin and broccoli pasta bake	Roast beef with Yorkshire pudding, gravy and mashed potato	Sweet and sour pork with rice	Fish of the day with chips
<b>VEGETARIAN MAIN DISH</b>	Roasted vegetable and bean wraps with rice	Vegetable moussaka	Quorn meat, vegetable pudding, gravy and mashed potato	Maccaroni cheese	Vegetarian sausage with onion gravy and mash potato
<b>ACCOMPANIMENTS</b>	Seasonal vegetable salad bar	Seasonal vegetable salad bar	Meat potato sausage vegetables salad bar	Seasonal vegetable salad bar	Chips of mash potato
<b>DESSERTS</b>	Chocolate and banana slice	Carrot and orange soufflé	Apple berry fool	Fruit crumble and custard	Crab Macarons
<b>FRESH FRUIT &amp; YOGHURT</b>	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt
<b>JACKET POTATO &amp; SANDWICH SELECTION</b>	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection

**Mellors MENU** Variety is the key to a healthy and fun (and tasty) lunch! 5 - 1 OF YOUR 5 A DAY - HEALTHY OPTION

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MEAT MAIN DISH</b>	Sausage pasta bake	Chicken and beef pie with mashed potato	Roast pork with onion, apple sauce and roast potatoes	Chicken tikka masala with brown rice	Fish of the day with chips
<b>VEGETARIAN MAIN DISH</b>	Vegetable stir fry with noodles	Beef pie and vegetable hot pot	Cauliflower and broccoli bake with brown rice	Spicy vegetable and bean pilau with brown rice	BQ'd beef burger with chips
<b>ACCOMPANIMENTS</b>	Seasonal vegetable salad bar	Seasonal vegetable salad bar	Seasonal vegetable salad bar	Seasonal vegetable salad bar	Seasonal vegetable salad bar
<b>DESSERTS</b>	Plum yoghurt cake	Orange and apple muffins	Banana and custard	Fruit in jelly	Shortbread biscuits and mandarin
<b>FRESH FRUIT &amp; YOGHURT</b>	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt
<b>JACKET POTATO &amp; SANDWICH SELECTION</b>	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection

**Mellors MENU** Lunch (and there's with free fresh drinking water available all day! 5 - 1 OF YOUR 5 A DAY - HEALTHY OPTION

We also provide exciting high street food concepts and promote a range of popular Meal Deals. Sampling sessions are also held throughout the year to encourage pupils to try a variety of new foods.

There are also regular special themed menus showcasing food from around the world to offer a variety of food choices which are very popular with pupils.

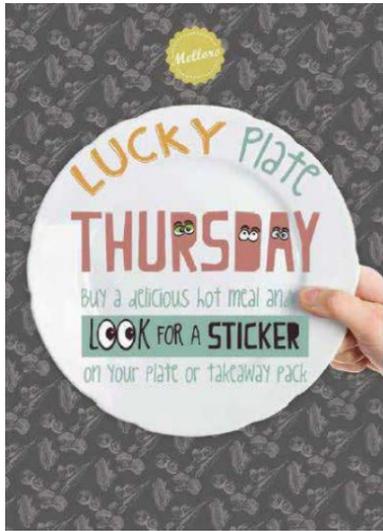
## Catering Tariff:

ST GEORGES SCHOOL Breakfast Tariff	
Bacon Bun	£1.20
Sausage Bun	£1.20
Bacon Baguette	£1.00
Sausage Baguette	£1.00
Sausage Roll	£1.00
Cheese & Onion Roll	£1.00
Pizza Slice	£1.00
Croissant	£0.60
Fruit Teacake	£0.70
Crumpet	£0.35
Hash Browns	£0.40
Toast (each)	£0.35
Yoghurts	£0.60
Grape Pots	£0.65
Fresh Fruit	£0.35
Bagels	£0.70

ST GEORGES SCHOOL Hot Food Tariff	
Main Meal	£2.20
Main Meal & Pudding	£3.00
Pudding	£0.80
Paninis	£1.70
Chicken Burgers	£1.70
Wedges/ Chips	£1.00
Noodle Boxes	£1.80
Chicken Wraps	£1.70
Full Baguette	£1.70
Half Baguette	£1.00
Sandwiches- from	£1.20
Wraps- from	£1.70
Tray Bakes	£0.60
Water- Large	£0.70
Water- Small	£0.50
Radnor Pizz/ Aqua Splash	£0.60
Fruit Bursts	£0.80
Milkshakes	£0.75
Orange/ Apple Juice	£0.50

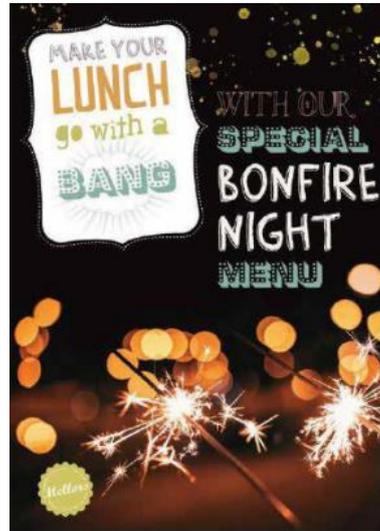
## Monthly Promotions & Activity:

November:



### ~ Lucky Plate~

Great Deals & Prizes



### ~Bonfire Night~

Special Themed Dishes on Menu

December:



### ~Christmas Menu Specials~

Homemade specials!!



# School Food Standards

Mellors Catering Services is very proud to exceed School Food Standards, meaning we provide a balanced diet with the essential nutrients your child needs. Menus developed by Mellors Catering Services ensure your child is given the healthiest choices that provide them with at least two of the recommended 5-a-day portions of fruit and veg.

## Special dietary information

Please contact the on-site catering manager, if there are any specific dietary requirements we need to be aware of. This could include salt/sugar/fat content, level of dairy products or allergy information such as wheat, yeast, nuts, etc.

## Nutritional

At Mellors, not only do we want to provide your child with a nutritious meal, we want them to have fun! Whether its National baking week or Best of British, we will run themes to bring something new to the table for your child to try. Beyond the dining room, Mellors **Development Chefs** offer classes to teach children the basics of cooking. Danielle, Head of Nutrition and Food Development, delivers assemblies in schools on the importance of making healthy choices. She'll even get them on the **smoothie bike** to whizz up some drinks for the class. We also have the Mellors Big Red Bus that can visit our schools to provide a truly unique dining experience!



## Mellors Big Red Bus



We're constantly looking for cool new ways to engage with our customers. We aim to make the dining experience as fun as possible. So here it is...The Mellors Big Red Bus! This is a unique opportunity to bring a fun dining experience direct to your site.

Welcome to the Mellors Big Red Mega Bus! This traditional double decker London bus has been converted into a mobile catering facility with a serving hatch downstairs and dining for 32 customers upstairs. It will tour the Mellors estate, visiting both Education and Business & Industry sites to provide an extra special dining experience. During its tour of the Midlands, Wales and North of England, it will be serving delicious food such as Bangers and Mash. Whether you dine upstairs, or out on the lawn, you can enjoy a truly unique dining experience.

Book the bus for 1, 2 or 3 days as a reward for pupils, an extra food servery or as part of an event.

Get in touch with your Mellors Area Manager who will find out when it is in your area and "put the wheels in motion!"

You can stay up to date with the tour using the hashtag #MellorsBigRedBus

## The Management Team at St Georges, Blackpool

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## **MELLORS HEAD OFFICE CONTACT DETAILS.**

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