



- Come and visit our new, 'Community Outdoor Space,' open from 8.30-4.30pm, Monday- Friday
- Check out our website Baines Children's Centre and Nursery and follow us on Facebook to keep up to date with events at your local centre.
- Free vitamins for pregnant woman, mums and children aged between 6 months to 4years. Criteria applies, please ask for more details at reception.
- Is your child 2 between 1st September and 31st December 2019? Then your child may be entitled to 15hours FREE CHILDCARE. Please drop in or call the centre for more details on how to apply. Alternatively you can apply online at- https://blackpool. gov.uk/Residents/Education-and-schools/ Early-years-and-childcare/Free-childcarefor-2,3-and-4-year-olds.aspx

## Free flowing cup:

- Using a cup is better for your baby's teeth and so it's a good idea to introduce a cup from about six months
- Learning to drink from a cup can be messy and fun but it's all part of growing up. Your child needs to learn to sip, not suck.
- Using an open cup or a free-flow cup without a valve will help your baby learn to sip rather than suck, which is better for their teeth.
- Valve cups (non-spill types) are not recommended. The sucking motion can lead to speech problems.
- Never give sugary drinks in bottles as this can cause very rapid tooth decay.
- Only have water or milk to drink between

Blackpool's children centres are provided in partnership by Blackpool Better Start and Blackpool Council.

## **CONTACT US**

www.blackpoolbetterstart.org.uk





## Baines Children's Centre **Activity timetable**

All activities in the centre are Free of Charge

## **Baines Children's Centre**

Penrose Avenue, Blackpool Tel: 01253 699085







CHILDREN'S CENTRES

	I	MONDAY
Date/Time	Venue	Activity/Course
8.45am - 9.45am Term Time Only	Baines Children's Centre	Coffee Morning: Term Time Only. Feel free to come along to our informal coffee morning, refreshments, Bingo, Raffles, and an opportunity to meet new people. 50p per family, refreshments provided.
<b>8.45am - 9.45am</b> 23rd Sept, 28th Oct & 25th Nov.	Baines Children's Centre	Parents Forum Meeting: Come and discuss your views on what goes on at the centre and share ideas for upcoming events in the community.
10.00am - 11.00am	Baines Children's Centre	<b>Childcare Partners Group:</b> Group for all our childcare partnership to drop in, share best practise, signpost and networking opportunities.
10.00am - 10.30am	Anchorsholme Library	<b>Baby Bounce &amp; Rhyme:</b> Children's Events at Blackpool Libraries, Anchorsholme Library
1.00pm -2.15pm 5 weekly sessions.	Baines Children's Centre	'Talk with Me': This course is for all parents/carers and their children, the sessions are creative, fun and interactive and also support and encourage speech strategies. Booking required.  Course from 9th September
		Course nom sur september

	1	TUESDAY
9.30am - 11.00am Term time only	Baines Children's Centre	<b>Little Munchkins:</b> Stay & Play for parent's and carers with children 0-4years. Everyone welcome to come along and join the fun, just drop in.
<b>9.30 - 11am</b> 1st October	Baines Children's Centre	<b>Literacy Event:</b> Join us as part of national literacy week for a themed literacy session 'Outer Space.' Lots of activities and fun, so feel free to come along.
<b>9.30 - 11am</b> 26th November	Baines Children's Centre	Speech and Language Information Station: Speech and Language Information Station will attend; come along for informal advice and guidance around your child's speech development.
3rd Sept, 9.30-11am 10th Dec, 9.30-11am	Baines Children's Centre	Park Rangers on Tour: Come and join the Park Rangers on tour sessions, everyone welcome to come and join the fun! No booking required.
6pm – 6.30pm	Revoe Library	Bedtime Stories: Children's Events at Blackpool Libraries

Date/Time Venue Activity/Course		
4thDecember 10am – 11am	Baines Children's Centre	Christmas Crafts: Come along to our 'Christmas Craft' extravaganza, for children aged 2-4yrs.
1.00pm - 2.00pm. Starts 30th Oct for 6 wks	Baines Children's Centre	Music & Movement: The program will use fun games and interactive activities to support your child's social and physical development. 18Mths – 4yrs.
5.30pm – 6pm	Layton Library	Starry Night Stories: (First Wednesday of every month) Children's Events at Blackpool Libraries

THURSDAY		
Date/Time	Venue	Activity/Course
9.30am – 11am	Baines Children's Centre	<b>Baby Time:</b> Baby weighing clinic, health visitor in attendance, feel free to come along for informal advice and guidance.
9.30am - 11.00am 26th Sept, 7th Nov and 12th Dec 2019	Baines Children's Centre	<b>Baby Rover:</b> Would you like to get 10 items of babies and children's clothes for just £1.00 per bundle? Then come along and sign up.
9.30am – 11am	Baines Children's Centre	<b>Antenatal Smoking Drop in:</b> Please speak to your midwife to access this service.
11.15am - 1.00pm	Baines Children's Centre	First Stage of Pregnancy: Delivered by midwifery health trainers, advice for mums in early pregnancy. Booking required. Please speak to your midwife or drop into the centre
5TH Decemeber, 11.00am - 2.30pm	Winter Gardens	WINTER WONDERLAND – WINTER GARDENS ABS EVENT!: SAVE THE DATE, FURTHER DETAILS TO FOLLOW.
12.30pm-2.30pm. 31st October	Baines Children's Centre	<b>Spooky Party:</b> Come along and enjoy our Halloween Event, music, games and lots of fun. For children aged 18 months to 4 years  To book your place call the centre on 01253 699085

Date/Time	Venue	FRIDAY Activity/Course
9.30am - 11am Term time only.	Baines Children's Centre	Tweenies: Stay and Play session for walkers – 3years old. Please feel free to drop in and explore the range of resources and activities available. Delivered by Jonathon.
Moor Park Library: 10am – 10.30am Palatine Library: 10.30am - 11.00am	Moor Park & Palatine Library	Baby Bounce & Rhyme: Children's Events at Blackpool Libraries
25th October 9.30 – 10.30 9.30am – 3pm 10.45 – 11.45 1.00 – 2pm	Baines Children's Centre	Lancashire Owl & Hawk Experience: Come along and meet various Owls and Hawks, each child under 5 receives a free book! - Book essential
1.00pm - 2.30pm	Baines Children's Centre	Baby Play: A group designed for parents/carers with children from Oyrs – walkers. A chance for new parents to meet other parents/carers in the area, everyone welcome. Delivered by Jonathon. Term Time Only

SATURDAY		
Date/Time		Activity/Course
10.00am. (1.5hr, show) 7th December	Baines Children's Centre	Christmas Pantomime – Busy Bees Theatre Company presents "Cinderella": Places are limited and booking is required. Children under the age of 4yrs only, siblings welcome.



Better Start is pleased to support activities for 0-4 year olds and their families delivered through Blackpool Children's Centres.



follow us on Facebook at Baines Children's centre and nursery